

What is Claimed is:

1. A pasta suitable for preparing a stuffed pasta product, the pasta being prepared from a mixture comprising:
 - (a) soy protein;
 - (b) wheat gluten;
 - (c) soy flour;
 - (d) a stabilizer capable of providing the mixture with sufficient strength, flexibility and elasticity for the mixture to be formed into an envelope having a hollow core with a volume of between 0.001 in³ and 0.5 in³;
 - (e) water; and
 - (f) egg whites.
2. The pasta of claim 1 wherein the stabilizer is a gum.
3. The pasta of claim 1 wherein the stabilizer comprises a konjac flour.
4. The pasta of claim 1 wherein the stabilizer comprises an alginate.
5. The pasta of claim 1 wherein the stabilizer comprises both a konjac flour and an alginate.
6. The pasta of claim 1 wherein the stabilizer comprises a sodium alginate.
7. The pasta of claim 5 wherein the konjac flour constitutes 0.5%-1.0% by weight of the mixture.
8. The pasta of claim 4 wherein the alginate constitutes 0.2%-0.8% by weight of the mixture.

9. The pasta of claim 1 wherein the soy flour is a toasted soy flour.
10. The pasta of claim 1 wherein the soy protein constitutes 20%-25% by weight of the mixture.
11. The pasta of claim 1 wherein the soy protein is a soy protein isolate.
12. The pasta of claim 1 wherein the wheat gluten constitutes 15%-20% by weight of the mixture.
13. The pasta of claim 1 wherein the soy flour constitutes 20%-25% by weight of the mixture.
14. The pasta of claim 1 wherein water constitutes 25%-35% by weight of the mixture.
15. The pasta of claim 1 wherein egg whites constitute 3%-6% by weight of the mixture.
16. A pasta suitable for preparing a stuffed pasta product, the pasta being prepared from a mixture comprising:
 - (a) soy protein isolate;
 - (b) wheat gluten;
 - (c) toasted soy flour;
 - (d) konjac flour;
 - (e) an alginate;
 - (f) water; and
 - (g) egg whites.

17. The pasta of claim 16 wherein the konjac flour constitutes 0.5%-1.0% by weight of the mixture.
18. The pasta of claim 16 wherein the alginate constitutes 0.2%-0.8% by weight of the mixture.
19. The pasta of claim 16 wherein the wheat gluten constitutes 15%-20% by weight of the mixture.
20. The pasta of claim 16 wherein the soy flour constitutes 20%-25% by weight of the mixture.